



A lifetime of specialist care

Royal Brompton

[REDACTED] SW6
MISKELLY
Eugene
DOB.10.03.1960
[REDACTED]

Patient Diary



JL
Mr)
M]

Dear patient

This diary is a record of your stay in the intensive care unit (ICU) at Royal Brompton & Harefield NHS Foundation Trust. You may not remember much about your stay – your memory can be affected by your illness or by the sedatives you were given to keep you comfortable. You may also have nightmares or hallucinations after your stay in ICU, which can be very frightening.

Although the doctors and nurses will explain why you were admitted to ICU, you may well forget what we have told you. If you don't fully understand your illness, this may lead to feelings of stress and anxiety.

To help you understand more about your illness and your stay in ICU, we have introduced patient diaries. Nursing staff will make entries in the diary to explain what has brought you to ICU, what is wrong with you and how you are progressing. Having this information has been shown to reduce stress in patients once they've left hospital.

After you are discharged, the diary will be kept securely on ICU. When you return to the follow up clinic three months later, we will talk you through the diary and give it to you to keep.

Dear relative

We encourage relatives to write messages, news from home and anything else your loved one would like to hear. You might also want to stick photos into the diary, for example of children or pets.

If you would like to make an entry in the diary, please ask the nurse who is looking after your relative.

If you have any questions, please contact our diary team on:

AfterITU@rbht.nhs.uk.

Diaries are hospital property until handed over to the patient after signing a consent form. Diaries must not be taken away from the bedside by family members.

Hello Eugene,

This diary has been started as a record of events which will occur throughout your stay in the intensive care unit (ICU).

You have been asleep for a few days so there will be a lot that you won't remember.

You came to us on the 28th May following your cardiac surgery. You were sedated and had a breathing tube in place, connected to a ventilator that was 'breathing' for you. You had some chest drains in place to drain any excess blood from your chest cavity. You required support for your blood pressure but was becoming increasingly unstable which led to increasing requirements of blood pressure support and IV fluids. A scan of your heart showed that there had

been a deterioration in function. A medication - or inhaled gas - called nitric oxide was started to offload right sided pressure. You then had an 'impella' inserted - a mechanical device - in the cath lab as you continued to deteriorate. You also required dialysis to remove accumulated toxins in the blood and to remove excess fluid from your body, to further offload the pressure on the heart.

As you had a mechanical device (the impella), you were started on a blood thinning medicine to prevent blood clots.

Today is the 30th May and you remain in a critical condition. The medical plan remains the same and we need to give you a bit more time to see how you respond to

current treatment.

I'm sorry that you cannot have
visits given the current coronavirus
pandemic, but please know that we
are all doing what we can for you.

Well done and keep up the hard
work.

Love,

Warefield and the
ICU team ☺

x x x

Hi Eugene!

Friday, 30.5.20
Night Shift

You had an uneventful night - nothing new happened, although you are still on all sorts of support: lots of pressure medications, inhaled Nitric Oxide, Impella, filter... You are also still sedated and have a breathing tube in, connected to the ventilator. Hopefully you'll get better in a few days and we can start weaning the sedation and pressure drugs down.

All the best,
Luke

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3/6/20 - NIGHT SHIFT

Hello Eugene

My name is Gerald your nurse tonight. You are off sedation and we are waiting for you to wake up.

You are still on the ventilator to help you breath but you are now breathing on your own.

You are still on the dialysis machine because your kidneys are not that functioning yet.

Hoping for your speedy recovery.

Gerald ☺

~~6th of June~~

4/6/20

Hi ~~the~~ Eugene,

You continue to be unwell. We have managed to keep your sedation off however you seem to like your sleep! You have issues with your stomach as you aren't absorbing the feed we are giving you through the tube in your nose. Because of this a Gastroenterologist is coming tomorrow to put a camera down your throat so he can see what the problem may be.

Hopefully you'd see some progress soon and be on the road to recovery!

The diary team.

7th of June 2020
Long Day - Am

Hi Eugene,

I'm joyful in your nurse since yesterday
still your unconscious, unresponsive at
the moment. Yesterday I'm glad that
after 9 days finally your bowel
open !! Still up to this moment you
supported by Noradrenaline &
Adrenaline &. I just stop/termis
it and restarted your filter
machine because the system
clogged. Thank God from SG. & your
fever come back to normal
level. GOD BLESS You and
praying for your speedy recovery

|| Nurse
Jayson

6th June - Night Shift
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Hi,

Its Sabrina your nurse for tonight. You remain of sedation and we are still waiting for you too wake up. You had a fairly quiet night. I hope I didnt disturb you too much!!

Take Care

Sabrina

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12/6/20 DAY SHIFT

HI EUGENE

MY NAME IS STEPHEN AND I AM  
THE NURSE COORDINATOR AFTER YOU WERE  
WAS HAD A REALLY GOOD DAY  
WAS MAKING GREAT PROGRESS  
WITH PT CARE, HAVING A GREAT KNOW  
ING FEELING AND REDUCING SOME OF  
YOUR BLOOD PRESSURE MEDICATION.

WE ARE HOPING TO KEEP YOU ON THE  
MACHINERY OVERNIGHT AND OFF THE  
VENTILATOR.

KEEP UP THE PROGRESS

STEPHEN  
S

18/6/20

NIGHT SHIFT.

Hello Eugene.

I was your nurse tonight. You have continued to progress well with your respiratory team. You have tolerated CPAP ventilation (Continuous Positive Airway Pressure) well.

You were also filtered tonight to help your kidneys recover. You have not slept very well but you were very conscientious with your care. I wish you continued recovery. Best wishes - Nnaemeka

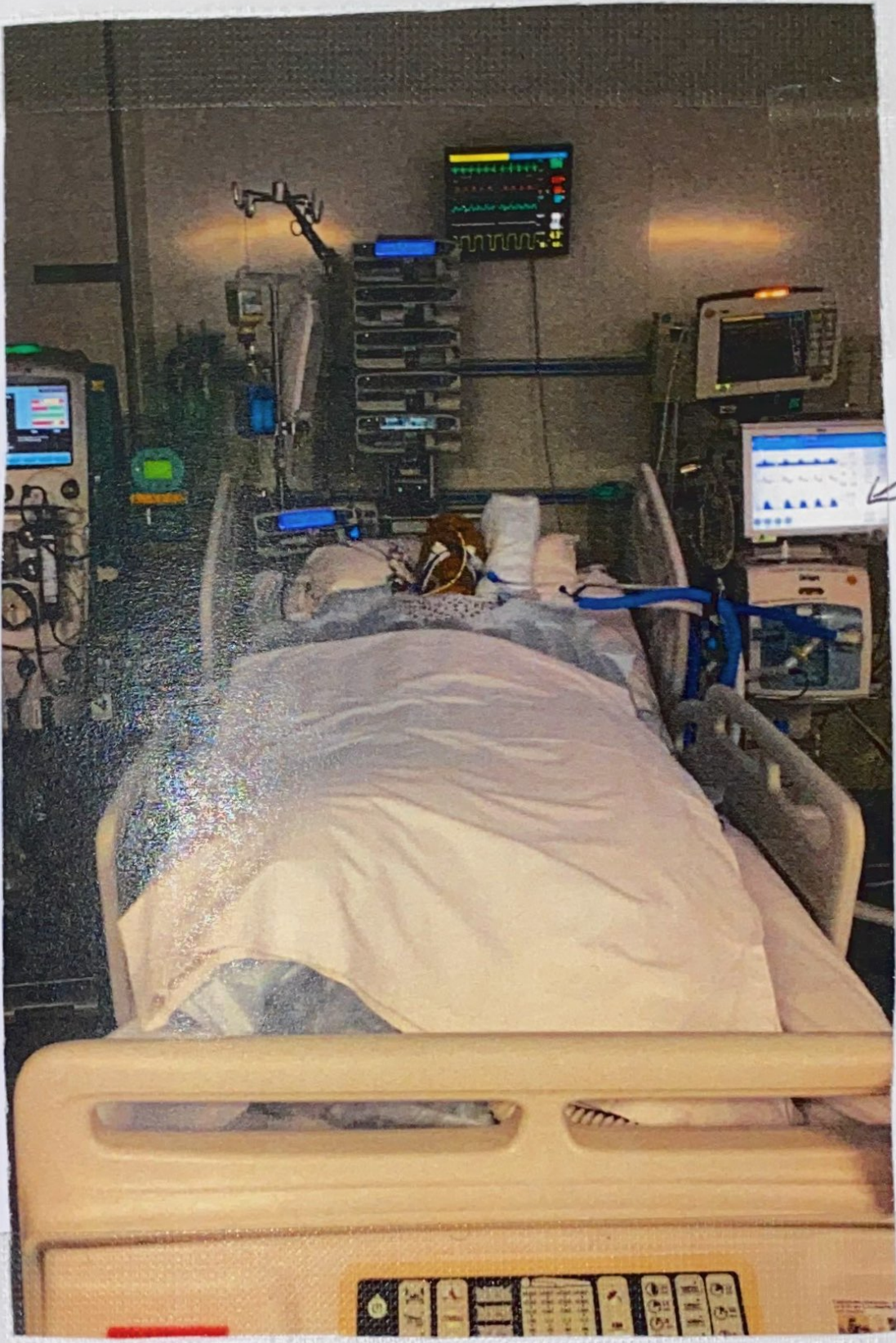
22/6/20,

Hi Eugene,

The doctors have referred you to The Royal Free Hospital and you were transferred there on the 22/6/20. This was so the problems with your liver could be investigated and a biopsy done. They couldn't find a specific cause and felt a biopsy wasn't indicated so wasn't done. You were transferred back to Harefield on the 24/6/20. You only stayed on 170 for a few days as you were doing well and were on a speaking valve on your tracheostomy so progressing well. On the 27/6/20 you were transferred to 420 to continue your recovery.

Hi Eugene, This was you on  
the 7th June 2020.

diagnosis  
machine  
↓



← Ventilator